

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

OCTOBER



4.

5.
9:00am Coffee Chat
10:00am Resident Led Bible Study
11:15am Tai Chi Class
1:00pm Bingo **BINGO**
5:00pm Ladies Poker

11.

12.
Panera Bread Donations
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo **BINGO**
5:00pm Ladies Poker

18.

19.
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo **BINGO**
4:00pm Bunco & Bites sponsored by Verizon
5:00pm Ladies Poker

25.

26.
9:00am Coffee Chat
10:00am Resident Led Bible Study
11:15am Tai Chi Class
1:00pm Bingo **BINGO**
5:00pm Ladies Poker

6.
10:00am LivingWell Breakfast and Info
11:00am Chair Yoga
12:00pm Mahjong/Card Games

13.
11:00am Chair Yoga
12:00pm Mahjong/Card Games
4:00pm Pumpkin Decorating/Painting

20.
9:30am-3:00pm Bus Trip to Dallas Arboretum (Tickets \$22) & Lunch
11:00am Chair Yoga
12:00pm Mahjong/Cards
4:00pm Pizza Party Hosted by CareCrew

27.
11:00am Chair Yoga
12:00pm Mahjong/Cards
2:00pm Guided Fluid Art Class
4:00pm Taco Tuesday

7.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm Office hosted Wine Down Wednesday

14.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
12pm-3:30pm Timeless Treasures Boutiques
1:00pm Wii Bowling
4:00pm Resident Led WDW

21.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm WDW Fall Festival (Food, Games, & Sojourn)

28.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm Potluck - Birthday/ Halloween Party (Costumes Welcomed)

8.
11:00am Balance/Toning
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

15.
11:00am Balance/Toning
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

22.
11:00am Balance/Toning
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

29.
11:00am Balance/Toning
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

9.
9:00am Coffee Chat
11:15am Tai Chi
12:00pm Card Games
4:00pm Karaoke & Pizza
6:00pm Game Night

16.
9:00am Coffee Chat
11:15am Tai Chi
10:00am-12:00pm Free Private Fitness Training (sign up for time slot)
12:00pm Card Games
6:00pm Game Night

23.
9:00am Coffee Chat
11:15am Tai Chi
12:00pm Card Games
5:00pm "Protect Your Future" Amerilife Dessert Social
6:00pm Game Night

30.
9am-12pm Community Garage Sale
11:15am Tai Chi
12:00pm Card Games
4:00pm Dog Costume Contest
6:00pm Game Night

10.
1:00pm Hot Apple Cider Bar Open House

17.
11:30am Resident Appreciation Brunch

24.
10:30am Mimosa Bar Open House

31. **HALLOWEEN**
9:00am-12:00pm Community Garage Sale
1:00pm-4:00pm Halloween Candy Buffet

Important Info for the Month

Flu & Covid Shots & Sack Lunch: Thur. 10/1 10:00–11:00am Sign up for a slot in the clubhouse and grab the informational form to bring with you. They will also be providing sack lunches.

Timeless Treasures Boutiques: Wed. 10/14 12:pm–3:30pm: There are about 4 vendors that come to sell their hand made or boutique styled items. It's a perfect time to get started on your holiday shopping!

Private Fitness Training: Friday 10/16 10:00am–12:00pm: Sign up for a 15 min. time slot to get help from a professional personal trainer on fitness goals, how to work machines, fall prevention, strength, flexibility, and more.

Bunco & Bites: Mon. 10/19 4pm–5pm Is an easy to play dice game that is good for socializing, having fun, and maybe learning a new game. There will be light snacks provided and prize for the winner.

Bus Outing: Tues. 10/20 9:30am–3pm: We will be taking up to 12 residents to the Autumn at the Arboretum. Tickets are \$22 and you will be responsible for covering the cost of the ticket and lunch. After, we will be going to lunch at Tupinamba Cafe nearby. Please sign up to secure your spot.

Fall Festival: Wed. 10/21 @ 4:00pm: In lieu of our regular Wine Down Wednesday, we will be having a community Fall Festival. There will be games, door prizes, food, and Sojourn Live performing.

Sunstone Village Staff

Bethany | Community Manager
Karen | Leasing Manager
Linn | Assistant Manager
Clint | Maintenance Manager
Joe & Peyton | Maintenance Technicians

Sunstone Directory

Sunstone Village Office | 940-898-9899
Maintenance Emergencies | Call # Above
and Follow Prompt
Manager email: bphan@allurelife.com
Office Hours: M-F 9am-6pm; Sat. 10am-4pm



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— VILLAGE —
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